

## Advanced Anti-Adipocyte Formula with Meratrim® and Integra-Lean® African Mango Irvingia

*Fight Fat With Science*

**Item #01509 • 60 vegetarian capsules**

**Meratrim®** targets the mechanisms by which fat-storing cells or **adipocytes** become bloated and metabolically dysfunctional ... leading to excess fat accumulations in the belly and throughout your body.

- Meratrim® targets adipocyte (fat cell) creation.
- It impedes adipocyte growth (adipogenesis).
- And induces fat in adipocytes to break down (lipolysis).

After careful scientific analysis of numerous botanical extracts,<sup>1</sup> researchers identified the two species included in **Meratrim®** that target adipocytes: *Sphaeranthus indicus* flower and the **mangosteen** fruit (*Garcinia mangostana*). Optimal results were shown in studies when these two **botanical extracts** were combined.

**Meratrim®**'s performance in clinical studies indicates it can safely deliver impressive results. In a key study, 30 adults with difficulty maintaining healthy body weight ingested **800 mg per day** of **Meratrim®** while following a 2,000-calorie-per-day diet and were asked to walk just 30 minutes five days a week. A group of equal size was given a placebo.<sup>2</sup> After just eight weeks, the **Meratrim®** group:

- Lost **4.05 inches** of harmful belly fat (2.0 times the placebo group).
- Experienced a **2.05** drop in body mass index (BMI) (3.9 times over placebo).
- Shed **11.4 pounds** of total body weight (3.7 times over placebo).

And these improvements began to emerge after just 14 days.<sup>2</sup>

After eight weeks, the **Meratrim®** group saw a noticeable drop in **waist-to-hip ratio**,<sup>2</sup> indicating they experienced **fat loss** in the **abdominal area**, where excess fat mass is associated with serious health issues.

*(Continues on the back)*

New look outside.  
Same quality inside.



The transition to this new look will happen over time.

### Each vegetarian capsule contains:

Meratrim® Proprietary Blend..... 400 mg  
[*Sphaeranthus indicus* extract (flower heads)  
and *Garcinia mangostana* extract (fruit rind)]  
Integra-Lean® African Mango ..... 150 mg  
(*Irvingia gabonensis*) proprietary extract (seed)

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, silica, vegetable stearate.

### Dosage and use

- Take one capsule twice daily 30 minutes before meals, or as recommended by a healthcare practitioner.

**This supplement should be taken in conjunction with a healthy diet and regular exercise program. Results may vary.**

**Caution:** If you are taking blood glucose lowering medication, consult your healthcare provider before taking this product.



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They also exhibited favorably elevated levels of a hormone called **adiponectin**.<sup>1</sup> Adiponectin sends command signals that determine how big your fat cells get, how much they break down (lipolysis), and to what extent they are produced (adipogenesis).<sup>3</sup>

A second human clinical trial yielded similar results, confirming Meratrim®'s beneficial effects.<sup>2</sup>

**Advanced Anti-Adipocyte Formula with Meratrim®** also includes **Integra-Lean® African Mango Irvingia ...** which operates via additional mechanisms to combat surplus fat storage, including inhibition of *glycerol-3-phosphate dehydrogenase*,<sup>4</sup> an enzyme involved in the conversion of glucose and triglycerides into adipocyte fat storage.

Integra-Lean® Irvingia is protected by U.S. Patent No. 7,537,790. Other patents pending. IGOB-131® proprietary extract is a registered trademark of Gateway Health Alliances, Inc. Meratrim® is a proprietary ingredient derived from natural plant extracts exclusively distributed by InterHealth N.I.

#### References

1. Poster Number 590-P. Presented at: Obesity 2011.
2. *FASEB J.* April 2011; 25:(Meeting Abstract Supplement) 601.9. Presented at Experimental Biology 2011, Washington, DC. April 10, 2011. Program No. 601.9, Poster No. A278.
3. *J Mol Med.* 2002 Nov;80(11):696-702.
4. *Lipids Health Dis.* 2008 Nov 13;7:44.

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