

## Provinal® Purified Omega-7

Reap the health benefits  
of the next omega

Item #01812 • 30 softgels

You've heard of omega-3 fatty acids ... but have you heard of *omega-7*? New research reveals that the **omega-7** fatty acid *palmitoleic acid* in **Provinal® Purified Omega-7** can be a powerful complement to the benefits of omega-3s. The secret lies in omega-7's **unique cellular signaling properties**, which directly support several metabolic factors associated with various health benefits.

Studies show that this cell-signaling and the metabolic support provided by *palmitoleic acid* promotes healthy levels of **triglycerides, total cholesterol, LDL, and DHL** already within the normal range — after just one month of *palmitoleic acid* supplementation (250 mg per day).<sup>1</sup>

Research also indicates that while within normal ranges, *palmitoleic acid* helps to balance C-reactive protein levels (a marker for whole-body inflammation),<sup>1</sup> optimizes insulin sensitivity,<sup>2-4</sup> and supports normal levels of the gut hormones that control hunger and satiety.<sup>5,6</sup>

Clinical studies show that *palmitoleic acid* like that found in **Provinal® Purified Omega-7** directly supports healthy metabolic factors associated with superior cardiovascular health,<sup>2,7</sup> healthy inflammatory response,<sup>2,8,9</sup> optimum normal metabolism of glucose,<sup>10,11</sup> and more. And this advanced, formula is concentrated to 50% *palmitoleic acid* for superior availability. Try **Provinal® Purified Omega-7** today.

#### References

1. Effect of Two Dosage Levels of Provinal™ on serum lipid and C-reactive protein (CRP) profiles in humans: Tersus Pharmaceuticals, LLC; 2012.
2. Lipids Health Dis. 2011;10:120.
3. J Clin Endocrinol Metab. 2013 Jan;98(1):E40-50.
4. Diabetes Care. 2010 Feb;33(2):405-7.
5. Appetite. 2013 Jun;65:1-7.
6. Am J Physiol Gastrointest Liver Physiol. 2012 Aug 1;303(3):G367-76.
7. Biosci Biotechnol Biochem. 2011;75(12):2401-3.
8. PLoS One. 2012;7(6):e39286.
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10. Biochem J. 2006 Nov 1;399(3):473-81.
11. Diabetes. 2001 Jan;50(1):69-76.



#### One softgel contains:

Palmitoleic acid (Omega-7) ..... 210 mg  
(from Provinal® highly refined anchovy  
and/or menhaden oil)  
Other ingredients: gelatin, glycerin, purified  
water.

#### Non-GMO

#### Dosage and use:

- Take one softgel daily with food, or as recommended by a healthcare practitioner.

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For more complete information on product ingredients, references, cautions, and use, visit [www.LifeExtension.com](http://www.LifeExtension.com).  
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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.