

## Reishi Extract Mushroom Complex

### Full-Spectrum Immune Support

Item #01708 • 60 vegetarian capsules

**Reishi** mushroom, a medicinal mushroom used for centuries in traditional Chinese medicine, was known as “the mushroom of immortality.”<sup>1</sup> Science has now confirmed what the ancients knew — **Reishi** boosts immune vitality. Its broad-spectrum benefits have been demonstrated in thousands of studies.<sup>2</sup>

**Reishi** supports a healthy immune system. An abundance of evidence demonstrates that **Reishi** mushroom enhances the protective activity of the body’s crucial immune factors.<sup>3-10</sup> The **Reishi** mushroom also supports the body’s production of antioxidant enzymes — such as *superoxide dismutase* (SOD), *catalase*, and *glutathione* — which, in turn, support the body’s natural immune defenses against free radical damage!<sup>11,12</sup>

**Reishi Extract Mushroom Complex** delivers powerful compounds thanks to an advanced extraction technology. This *full-spectrum* **Reishi** extract has multiple components that have been shown to support healthy immune function and enhanced longevity in an experimental aging model.<sup>13</sup>

#### References

1. *Nutr Cancer*. 2004;49(2):209-16.
2. *Front Pharmacol*. 2012;3:51.
3. *Bioorg Med Chem*. 2010 Dec 15;18(24):8583-91.
4. *Br. J Pharmacol*. 2003 May;139(2):289-98.
5. *Int J Med Mushrooms*. 2011;13(5):441-8.
6. *Biosci Biotechnol Biochem*. 2009 Dec;73(12):2589-94.
7. *Front Pharmacol*. 2012;3:135.
8. *Mol Pharmacol*. 2006 Aug;70(2):637-44.
9. *Chem Pharm Bull (Tokyo)*. 2002 May;50(5):623-9.
10. *Acta Pharmacol Sin*. 2003 Apr;24(4):321-6.
11. *J Basic Clin Physiol Pharmacol*. 2009;20(4):289-307.
12. *Clin Nutr*. 2010 Jun;29(3):406-12.
13. *FASEB*. 2012;26;373.2.

New look outside.  
Same quality inside.



The transition to this new look will happen over time.

#### Two vegetarian capsules contain:

Reishi mushroom (*Ganoderma lucidum*)... 980 mg extract (fruit body) [std to 13.5% polysaccharides (132.3 mg) and 6% triterpenes (58.8 mg)]  
Shell-broken Reishi mushroom..... 150 mg (*Ganoderma lucidum*) spore

Other ingredients: vegetable cellulose (capsule), starch, rice flour, L-leucine.

#### Dosage and use

- Take two capsules daily with or without food, or as recommended by a healthcare practitioner.



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