LifeExtension Foundation for Longer Life®

RiboGen[™] French Oak Wood Extract

Reduce general fatigue and maintain energy levels

Item #01900 • 200 mg • 30 vegetarian capsules

Are you one of the millions of Americans plagued by fatigue?¹ Common complaints include unrefreshed sleep, low energy, weakness, and head and muscle discomfort. And stimulation by caffeine only offers short-term relief with possible health consequences.

An effective solution to general fatigue must originate at the cellular level. **RiboGen™ French Oak Wood Extract** may meet this essential need.

Support For Cellular Factories

RiboGenTM, a proprietary extract of the French oak tree (*Quercus robur*), provides unique bioactive polyphenol compounds called roburins. Evidence suggests that roburins support ribosomes, which are the small molecular factories in the cell that create proteins in the body.²⁻⁵

Oak wood extract is now being hailed for its ability to support ribosomal biogenesis, the body's natural way of restoring ailing ribosomes.^{6,7} Researchers found that a regimen with oak wood extract upregulated important genes involved in ribosomal biogenesis.²

In a study, researchers found that RiboGen^TM provided the following benefits: $^{\rm 8}$

- 18% reduction in weakness and exhaustion.
- 44% reduction in unrefreshing sleep.
- 33% reduction in head discomfort.
- 51% reduction in joint discomfort.
- 63% reduction in muscle discomfort.

This product is the ideal option for those who would like to target complaints of general fatigue at the subcellular level throughout the body, including:

- Maintaining energy levels.
- Promoting ribosomal production of structural and functional proteins.
- Supporting vital body activities affected by energy metabolism.
- Minimizing fatigue-related, quality-of-life decline associated with aging.

Don't let general fatigue slow you down. Try *new* **RiboGen™ French Oak** Wood Extract today!



One vegetarian capsule contains:

Robuvit[®] French oak 200 mg (*Quercus robur*) wood extract (providing 80 mg total polyphenols)

Other ingredients: rice flour, vegetable cellulose (capsule), vegetable stearate, silica.

Dosage and use

• Take one capsule daily with or without food, or as recommended by a healthcare practitioner.

Robuvit $^{\circ}$ is a registered trademark of Horphag Research and the use of this product is under International patent applications.

References

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- 4. RNA Biol. 2009 Jul-Aug;6(3):305-15.
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- 6. *Mol Microbiol*. 2008 Dec;70(5):1062-75.
- 7. Trends Biochem Sci. 2010 May;35(5):267-77.
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