

# **Optimized Saffron** with Satiereal®

## Helps Support Appetite Control

Item #01432 • 60 vegetarian capsules

People who struggle with weight loss often point to several "Achilles' heels" that sabotage their efforts to keep off the pounds: eating between meals, grazing at night, and a constant desire to snack are among the most common.

The *fantastic news* is that a proprietary extract of **saffron**, called **Satiereal**®, has been *clinically shown* to deal with nearly all of the above issues. In fact, women involved in Satiereal® studies experienced the following amazing results:1,2

- 100% reduction in the desire to snack
- 55% fewer instances of eating between meals
- Less hunger
- Moderate weight loss
- More energy
- Better mood

Say goodbye to "kitchen raids" and say hello to **Optimized** Saffron with Satiereal®.

This supplement should be taken in conjunction with a healthy diet and regular exercise program. Results may vary.

Satiereal® is a registered trademark of INORÉAL. International patents pending. The fact that Satiereal® induced significant reductions (100%) in the desire to snack, but with only moderate weight loss, is further support for the multi-pronged approach needed to effectively manage weight that has long been espoused by Life Extension®.

### New look outside. Same quality inside.



The transition to this new look will happen over time.

#### **Each vegetarian capsule contains:**

Satiereal® Saffron ...... 88.25 mg (Crocus sativus L.) Non-GMO Extract (stigma) [std. to 0.3% safranal (0.265 mg) and providing crocin and picrocrocin]

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), silica.

#### Dosage and use

· Take one capsule twice daily (morning and evening) with food or as recommended by a healthcare practitioner.



1. Nutraveris, 2006; unpublished study

2. Nutr Res. 2010 May;30(5):305-13.

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